



Murfreesboro Muslim's Newsletter

Islamic Center Of Murfreesboro

862 Middle Tennessee Blvd
Murfreesboro, TN 37129
Phone: 615-890-1551

Visit Us Online at www.ICMTN.org

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The Importance of Having Good Behavior

Having good behavior or acting morally is one of the highest priorities in our religion. This is why the Prophet (pbuh) said: *(I have been sent to achieve the culmination of high moral standards).*

So being truthful in your speech and deeds, being trustworthy with all the duties which God has ordained, and turning not your face away from men with pride, nor walking insolently through the earth is mandatory in our religion.

Not only this but the Muslims received the order from God to be careful with their level of voice as well as their way of walking. God says in the Quran: *"And be moderate and show no insolence in your walking and lower your voice. Verily, the harshest of all voices is the braying of the donkey".*

And good behavior should control our conversations. God mentions that one of the signs of a good believer is: *"And those who turn away from evil vain talk, falsehood and all that God has forbidden...shall inherit Paradise they shall dwell therein forever".*

According to the Quran, the definition of good behavior is being good and trying your best to make others good. And if you feel like someone is doing something bad you must try your best to stop him nicely. If you are unable to stop him or her then at least decide to not be part of the process of evil.

We must realize that by allowing anyone to gossip, backbite, defame, insult, or spy on others we are giving ourselves the opportunity to share the same level of sins that the perpetrator will receive. By doing so, we are avoiding the Islamic behavior as well.

May God help all of us to be one of the true believers. And may God watch over each and every one of us.

Sheikh Osama Bahloul

Verse Of The Month

And Allah is full of kindness to those that serve Him.



Say (O Mohammad to mankind) : "if you (really) love Allah then follow me (i.e. accept Islamic monotheism, follow the Qur'an and Sunnah), Allah will love you and forgive you your sins. And Allah is Oft-Forgiving, Most Merciful." **Qur'an 3:30-31.**

Quiz of the month

Who was the first women to construct Makkah's water supply, and build a safe pilgrimage route?

Zubaidah bint Ja'far al-Mansur

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Special Notes

- ◆ To contribute to this newsletter send contributions via email or fill the online form at ICMTN.ORG
- ◆ Women Halaqa in Arabic on Wednesdays.
- ◆ Women Halaqa in English on Saturdays.
- ◆ Tajweed classes on Saturday.
- ◆ Children meetings and fun three times a week.
- ◆ Fiqh Q & A time on Saturdays.

Hadith Of The Month

I am as My servant thinks I am. I am with him when he mentions Me. If he mentions Me in private, I mention him in private; and if he mentions Me in an assembly, I mention him in an assembly better than his. And if he draws near to Me an arm's length, I draw near to him a fathom's length. And if he comes to Me walking, I come to him at speed. **Hadith Qudsi No. 15**



A country you Must know

Location: Southern Asia.

Boundary: Bangladesh is surrounded by India, with a small common border with Myanmar

Population: 129,194,224 (July 2000 est.)

Capital: Dhaka

Ethnic groups: Bengali 98%, Biharis 250,000, tribals less than 1 million

Religions: Muslim 88.3%, Hindu 10.5%, other 1.2%

Languages: Bangla

(official), English

Area: total:144,000 sq km, land:133,910 sq km, water:10,090 sq km,

Natural resources: natural gas, arable land, timber.



Bangladesh

Female Prospective: 17 tips for parents

1. Take parenting more seriously than you would take your full-time job
2. Reduce or change work hours and exchange them for time with the family
3. Read the Quran with your child, understanding its meaning, for 5 minutes every day even in the car
4. Attend the mosque at least once weekly with them
5. Respect your teen
6. Take an interest in what they do and listen to what they like
7. Be aware of problems and address them straightforwardly and answer their questions
8. "Date" your teenager and be their partner
9. Read books on Positive Parenting and parenting in Islam to improve yourself
10. Build a Masjid in your home, pray together, teach them Athan & Iqamah, and wake them up to Fajr.
11. Provide the right role models, what would Rasulullah (pbuh) do?
12. Establish an Islamic library in your house and read together
13. Take them out to places they like and have halal fun with them
14. Establish at least one TV-free evening a week
15. Do not practice "men's Islam", what we mean is do not exclude the female (wife and daughter)

from any of the above activities.

16. Get them married early, seriously!

17. Last but not least-Make Dua to them and yourself

Taken from www.islamicschool.net

Kids Activity

T	B	S	L	N	H	E	L	P	F	U	L	P	F	T
R	Z	H	F	F	C	L	R	D	G	T	C	L	P	H
U	Q	O	M	Z	R	E	S	P	E	C	T	F	U	L
T	R	N	G	E	N	E	R	O	U	S	O	J	N	R
H	M	E	J	U	S	T	E	L	H	M	B	M	C	H
F	O	S	N	D	S	Z	L	I	B	G	E	X	T	F
U	D	T	K	G	N	K	I	T	N	T	D	P	U	H
L	E	P	I	O	U	S	A	E	S	K	I	R	A	D
J	S	T	N	H	L	H	B	C	M	D	E	P	L	T
L	T	Y	D	K	Q	J	L	C	Y	T	N	S	V	B
S	V	H	U	M	B	L	E	G	A	V	T	R	T	J

truthful
respectful
punctual
generous
just
helpful

honest
humble
reliable
pious
kind
modest

obedient
polite



Youth Zone: Be YOUnique

New cars carry a message, "Objects in mirror are closer than they appear". We need a message on our personal mirrors that says, "Your image may not be as it appears"; look within yourself for true reflection.

Who am I? When I look in the mirror, who is that looking back? Am I who I appear to be? Do I try to mask the interior of my personhood by decorating the exterior with designer style. Have I become so accustomed to give an impression of other than my true self that I have begun to believe and accept the false image I portray?

The need for maturity and integrity: Integrity is about being yourself at your best, being honest, being honorable and being true to the noblest of universal values, your religion. Maturity entails taking responsibility for your own life. The touchstone of maturity, however, is personal integrity; applying basic values to the decision-making process and thus living in a way that allows your personality to be consistently good. In reality, integrity is about moral maturity; what it is to think and act in a way that reflects the full stature of a rational human being.

Life shaped by choices: Our lives are continually being shaped by the choices we make and the convictions and values that underlie them. Our lives are like works of art, in progress. We can take the material of life and either react to it in a passive way, always remaining life's victim, (hiding behind a mask); or take it and use it creatively, becoming the architect of one's life and a participant in shaping one's destiny and in designing one's true personality.

Reach your full potential, The Prophet (pbuh) is reported to have said that Allah has prescribed goodness and excellence in all that you do. In relation to evolving human potential and developing personality, this statement motivates a person to utilize one's life skills in the most progressive and pro-active manner; demanding the demonstration of dignity with pride, courage with conviction, patience with perseverance, power with mercy, authority with justice, duty with commitment, principle with wisdom, freedom with discipline and honor with compassion.

True You: The only way to leave true heart prints is to be uniquely you and to share with others the essence of who you are at your best; no masks, no charades; just the bona fide you, uniquely you, **be a practicing Muslim.**

Fatima. J

Community Calendar

- ⇒ Saturday: 2:00 pm -3:00 pm : English speaking Sisters Halaqah
- ⇒ Saturday: 8:30 pm -9:15 pm : Tajweed Halaqah
- ⇒ Saturday: 9:30 pm -10:00 pm : Fiqh Q & A
- ⇒ Sunday: 8:00 pm -9:15 pm : Halaqah for the entire community
- ⇒ Monday: 7:30 pm -9:30 pm : Children Summer Program
- ⇒ Wednesday: 7:30 pm -9:30 pm : Children Summer Program
- ⇒ Wednesday: 7:30 pm -8:30 pm : Arabic speaking Sisters Halaqah
- ⇒ Thursday: 5:00 pm -9:00 pm : Family or Personal Counseling
- ⇒ Friday: 1:10 pm -2:00 pm : Friday Prayer
- ⇒ Friday: 7:30 pm -9:30 pm : Children Summer Program

Prayer Times for July 2008

Day	July	Hijri	Fajr	Sunrise	Dhuhr	Asr	Maghrib	Isha
Tue	1	27/6	4:07	5:33	12:50	4:40	8:06	9:33
Wed	2	28/6	4:07	5:33	12:50	4:40	8:06	9:33
Thu	3	29/6	4:09	5:34	12:51	4:40	8:06	9:33
Fri	4	1/7	4:09	5:35	12:51	4:40	8:06	9:33
Sat	5	2/7	4:10	5:35	12:51	4:40	8:06	9:32
Sun	6	3/7	4:11	5:36	12:51	4:40	8:06	9:32
Mon	7	4/7	4:11	5:36	12:51	4:41	8:05	9:31
Tue	8	5/7	4:12	5:37	12:52	4:41	8:05	9:31
Wed	9	6/7	4:12	5:37	12:52	4:41	8:05	9:31
Thu	10	7/7	4:13	5:37	12:52	4:41	8:05	9:30
Fri	11	8/7	4:15	5:39	12:52	4:41	8:04	9:29
Sat	12	9/7	4:15	5:39	12:52	4:41	8:04	9:29
Sun	13	10/7	4:16	5:40	12:52	4:41	8:03	9:28
Mon	14	11/7	4:17	5:40	12:52	4:41	8:03	9:27
Tue	15	12/7	4:18	5:41	12:52	4:41	8:02	9:27
Wed	16	13/7	4:18	5:41	12:52	4:41	8:02	9:27
Thu	17	14/7	4:19	5:42	12:53	4:41	8:02	9:26
Fri	18	15/7	4:21	5:43	12:53	4:41	8:01	9:24
Sat	19	16/7	4:22	5:44	12:53	4:41	8:00	9:24
Sun	20	17/7	4:23	5:45	12:53	4:41	8:00	9:23
Mon	21	18/7	4:24	5:45	12:53	4:41	7:59	9:22
Tue	22	19/7	4:25	5:46	12:53	4:41	7:58	9:21
Wed	23	20/7	4:26	5:47	12:53	4:41	7:58	9:20
Thu	24	21/7	4:26	5:47	12:53	4:41	7:58	9:20
Fri	25	22/7	4:28	5:48	12:53	4:41	7:56	9:18
Sat	26	23/7	4:29	5:49	12:53	4:41	7:55	9:17
Sun	27	24/7	4:30	5:50	12:53	4:40	7:55	9:16
Mon	28	25/7	4:31	5:50	12:53	4:40	7:54	9:15
Tue	29	26/7	4:32	5:51	12:53	4:40	7:53	9:14
Wed	30	27/7	4:33	5:52	12:53	4:40	7:52	9:12
Thu	31	28/7	4:33	5:52	12:53	4:40	7:52	9:12

The newsletter team invites you to contribute to this newsletter by sending Islamic or community beneficial articles, community news and announcements to MurfreesboroMuslims@gmail.com

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Phone: 615-890-1551, Fax: 978-299-8203, Web: WWW.ICMTN.ORG